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Seoul National University Hospital Healthcare System Gangnam Center

# Health Screening Programs



### SNUH Group



### SNUH Healthcare System Gangnam Center's International Clinic

#### International Healthcare Clinic Members

- Speciality
- · Internal Medicine
- Allergy
- Cardiology
- Endocrinology
- Gastroenterology
- · General Surgery
- · OBGY
- · Radiology
- · Laboratory Medicine

- Coordinators
- · English
- · Russian
- · Chinese

#### Services

- · Consultation with specialized faculty
- · 1:1 escort with language assistance, documentation, and arrangement etc.
- · Referral to the SNUH International team
- · Hot line for contact
- · Discounts at nearby hotels

## Overview of Health Screening Programs



# Standard

It includes basic essential tests to check the current health status and early diagnosis.



## ? Premium

Extensive screening exams including CT scans and MRI for diagnosis of major cancers and cardiovascular/cerebrovascular diseases at the early stage.



#### Intensive

Screening exams focus on specific organs or diseases.



# Supplementary Pack

This can be added to your main program for a focused detection of certain organs in addition to main comprehensive check-up.



English medical reports and images (CD copy) are provided only for those who have completed the Package Program.
 Gastroscopy and colonoscopy are only available for ages below 84 and 75 respectively.

All Standard programs include: Health Questionnaire, Medical Consultation/Lifestyle Assessment, Body Composition Analysis, Blood Pressure, Visual Acuity, Intraocular Pressure, Electrocardiography, Pulmonary Function, Chest X-ray, Blood Test[Anemia, Liver & Renal & Thyroid Function, Lipid, Fasting Blood Sugar, HbA1c, Uric Acid, Electrolytes, HIV, Hepatitis(Type A/B/C), Helicobacter Pylori Antibody, Tumor Markers(Pancreatobiliary, Liver, Colon)], Urinalysis, Sedative Gastric Endoscopy, Abdominal Ultrasonography

Program	Recommended Age	Male	Female	Test Items
Standard	34≥	960	1,040	· Female : Gynecologic Examination & Consultation, Ovarian Tumor Marker, Cervical Cytologic Test(PAP Smear)
	≥35	990	1,110	<ul> <li>Common: Fundus Photography ❖Age ≥50: including Audiometry, excluding Hepatitis A</li> <li>Male: Prostate Tumor Marker</li> <li>Female: Gynecologic Examination &amp; Consultation, Ovarian Tumor Marker, Cervical Cytologic Test(PAP Smear), Mammography</li> </ul>



All Intensive programs include: Standard Program + Intensive Consultation, Vit. D(blood), Dental Exam/X-ray and Hepatitis A

	Program	Recommended Age	Male	Female	Test Items
	Cancer	All	2,920	2,870	· Common : Sedative Colonoscopy, Abdominal-pelvic CT, Low Dose Chest CT, Thyroid Ultrasonography, Serum Pepsinogen, Blood Coagulation · Male : Laryngoscopy, Urine Cotinine, Liver Fibroscan, Prostate MRI · Female : Gynecologic & Breast Ultrasonography, HPV DNA Chip, 3D Digital Mammography, Bone Densitometry
	Brain	All	2,360	2,490	· Common: Brain MRI/MRA(Including Carotid Artery)
	Cardiovascular	All	2,350	2,470	· Common: Coronary 3D CT/Calcium Scoring CT, Treadmill Test, Echocardiography, Carotid Ultrasonography, Microalbuminuria, Arterial Stiffness
	Digestive	All	1,890	2,190	· Common : Sedative Colonoscopy, Abdominal-pelvic CT, Serum Pepsinogen, Liver Fibroscan, Blood Coagulation · Female : Gynecologic Ultrasonography
GE	Respiratory	All	1,910		· Male : Otorhinolaryngoscopy, Low dose Chest CT, Treadmill Test, Urine Cotinine, Bronchial Provocation(Asthma), FeNO Test
o Do	Women	All	•	2,140	· Female : Thyroid & Breast & Gynecologic Ultrasonography, HPV DNA Chip, Female Hormone(4kinds), Bone Densitometry



All Premium programs include: Standard Program + Premium Medical Consultation, Nutrition Guidance, Dental Exam/X-ray, Audiometry, Thyroid Ultrasonography, Urine(Microalbuminuria), Blood[Rheumatoid Factor, Allergy(108kinds), Detailed Lipid Panel, Serum Pepsinogen, Vit. D, Blood Coagulation], Cardiovascular(Treadmill Test, Echocardiography, Arterial Stiffness, Carotid Ultrasonography), Pulmonary(Low Dose Chest CT, Otorhinolaryngoscopy), Gastrointestinal(Abdominal-pelvic CT, Sedative Colonoscopy), Brain MRI/MRA(Including Carotid Artery)

	Program	Recommended Age	Male	Female	Test Items
	Premium	35-49	5,120	5,480	<ul> <li>Male : Male Hormone, Coronary 3D CT/Calcium Scoring CT, Liver Fibroscan, Urine Cotinine</li> <li>Female : Gynecologic Ultrasonography, HPV DNA Chip, Female Hormone(4kinds), Ovarian Tumor Marker(HE4),</li> <li>Detailed Thyroid Hormone Test, Breast Ultrasonography, 3D Digital Mammography, Bone Densitometry</li> </ul>
		50-64	5,780	6,383	· Male : Premium Test Items(Age 35-49) + Prostate MRI, FeNO Test · Female : Premium Test Items(Age 35-49) + Coronary 3D CT/Calcium Scoring CT, Abbreviated MRI of the Breast
Z/ V-1		65-75	5,870	6,190	· Male : Premium Test Items(Age 50-64) + Bone Densitometry/Thoracic-lumbar Spine X-ray · Female : Premium Test Items(Age 50-64) + Thoracic-lumbar Spine X-ray
		≥76	5,600	5,410	· Common: Premium Test Items(Age 65-75) ❖Excluding Colonoscopy · Female: Premium Test Items(Age 65-75) ❖Excluding Abbreviated MRI of the Breast



Consultation included in the Packs are conducted by specialists in their respective departments.
 These Packs are add-on packs to your check-up program.

Category	Program	Price	Test Items	Category	Program	Price	Test Items
Brain	Stroke	1,912	Consultation, Brain MRI/MRA(Including Carotid Artery), Echocardiography, Carotid Ultrasonography, Microalbuminuria, Detailed Brain(Stroke) Blood Test	Respiratory	Allergy	660	Consultation, Paranasal Sinus X-ray, Rhinoscopy, Bronchial Provocation(Asthma), FeNO Test, Skin Prick Test(52kinds, can be substituted for 108kinds if needed)
( ) Cardiovascular	Arrhythmia	628	Detailed consultation, Echocardiography, Treadmill Test, 3-day Continuous ECG Monitoring(MobiCare)		Chronic Coughing	688	Consultation, Rhinoscopy, Laryngoscopy, Low Dose Chest CT, Paranasal Sinus X-ray, Bronchial Provocation(Asthma), Urine Cotinine, FeNO Test
	Angina	814	Consultation, Treadmill Test, Coronary 3D CT/Calcium Scoring CT, Echocardiography				

Category	Program	Price	Test Items	Category	Program	Price	Test Items
	Smart Plus Colonoscopy	591	Smart Plus Colonoscopy with Sedation  Additional fees apply depending on the number of polyps removed.		C-L Spine	1,290	Consultation, Cervical and Lumbar Spine MRI, Cervical Spine anterior and lateral X-rays, Lumbar anterior and lateral X-rays
Digestive			Pancreatic MRI  Additional charge of 283 USD applies for contrast agent use.	<u>.</u>	Cervical	1,003	Consultation, MRI & Multiple X-rays of cervical spine
2.3000	Pancreatic MRI	939			Lumbar	1,099	Consultation, MRI & Multiple X-rays of lumbar spine
0.0			Consultation, Detailed kidney CT, Microalbuminuria, 24hr Urinalysis, Urine Cytology, Hematuria, Detailed Renal Blood Test	Musculo-	Knee	1,108	Consultation, MRI(Lt. or Rt. knee), X-rays(both knees)
C/D Kidney	Kidney	637		skeletal	Shoulder	1,024	Consultation, MRI(Lt or Rt shoulder), X-rays(Lt or Rt shoulder)
Eye	Eye Health	371	Consultation, Visual Acuity, Intraocular Pressure, Fundus Photography, Optical Coherence Tomography(OCT), Slit Lamp Biomicroscopy, Refraction		Rheumatism	97	Consultation, Detailed Rheumatic Blood Test  X-rays can be added after consultation, extra cost for each site(44USD), Blood test is required
9 <u>0</u> 0	Female Hormone	134	Female Hormone 4kinds[LH, FSH, E2, AMH(Anti-Mullerian Hormone)]  Consultation for referral to fertility preservation services (e.g., egg freezing) is available upon request.		Benign Prostatic Hypertrophy	332	Prostate Ultrasonography, Male Hormone, Uroflowmetry, Residual Urine Volume Measurement Available for testing after 1 PM
₩ Women	Pre-marriage (Female)	- h/3	Breast & Gynecologic Ultrasonography, Rubella(IgG, IgM),	Prostate	(PM only)		
			Varicella, Female Hormone 4kinds[LH, FSH, E2, AMH(Anti-Mullerian Hormone)]		Prostatic Cancer	642	Prostate MRI, Extensive Prostate Cancer Blood Test
Abroad	Study Abroad	464	Consultation and Doctor's report, Blood test, Hepatitis(Type A & B & C), MMR(Measles, Mumps, Rubella), Varicella, TB Specific Ag induced Interferon gamma, Tuberculin skin test, Urinalysis, CD copy of Chest X-ray Test items are adjustable after consultation with a doctor	Vaccination	Vaccination	Added after consultation	Hepatitis(Type A & B), Seasonal Influenza, Streptococcus Pneumonia, Varicella, Rubella, DPT(Diphtheria, Pertussis, Tetanus), HPV Vaccine(Cervical cancer vaccine), Adult Meningitis, Herpes Zoster, Japanese Encephalitis, Typhoid Fever & Reservation required for Japanese Encephalitis, Typhoid Fever



Category	Program	Price	Test Information	Category	Program	Price	Test Information
Digestive	Colonoscopy* (sedative)	440	An examination to check the existence of abnormal findings(polyp, cancer) in the whole large intestine area by the endoscope	Brain	Carotid Ultrasonography	303	An ultrasound exam of the carotid arteries (arteries that ascend from the heart up to the brain) that checks for blood flow and constriction of the blood vessels. Carotid artery stenosis and blood flow impairment can be a cause of cerebrovascular disease.
	Abdominal-Pelvic CT	303	A test to examine intra-abdominal organs such as liver, spleen, pancreas, etc.		Brain MRI/MRA	1,212	MRI test to exam brain tissue and vessels Including carotid artery
Respiratory	Low Dose Chest CT (lung)	202	A CT that gives high-resolution pictures of the lungs, allowing detection of abnormal spots within the lungs		Gynecologic Ultrasonography	177	Using ultrasonography, this test is to exam intrapelvic area to see uterus, ovaries and fallopian tube related diseases
Cardiovascular	Treadmill Test	106	Monitoring changes in heart condition while running on the treadmill for about 10 minutes (diagnosing	Female	Breast Ultrasonography	212	A frequently used examination to evaluate breast abnormalities, such as cyst or breast cancer
	Echocardiography 273  Calcium Scoring CT /Coronary 3D CT 394		myocardial infarction and angina)		Abbreviated Breast MRI (using contrast)	608	MRI test to see in detail where mammograms and breast ultrasonography cannot be examined

<sup>\*</sup>Polyps larger than 0.7cm(including vascular polyps, infiltrative edges, etc.) may not be removed due to complications(Biopsy may be performed).

\*Age Restrictions: Gastroscopy is available for individuals under the age of 84. | Colonoscopy is available for individuals under the age of 75.

Seoul National University Hospital Healthcare System Gangnam Center offers customized programs to provide comprehensive and effective medical examinations considering the individual's medical history, concerns, and risk factors.

Reservation

Reservation • Telephone: +82-1811-6500, +82-2-2112-5500(Korean), +82-2-2112-5503(International) | Weekdays, 8AM-5PM

Consultation · Internet: http://en-healthcare.snuh.org



· The consultation will be held after 7-10 days from the examination by the medical experts at SNUH Healthcare System Gangnam Center



- · You may check the test results via visit, telephone, or the homepage
- · Secondary opinion by specialist will be provided if needed
- · Telephone: +82-2-2112-5601 | FAX: +82-2-2112-5590

#### O Location

- · Address : 38-40th floor, GFC Building 152, Teheran Ro(737 Yeoksam-dong), Gangnam-gu, Seoul, 06236, South Korea
- · From Airport(by bus): Bus #6020 will bring you to Yeoksam Station directory from Incheon Airport. The journey will take about 1.5 hours.
- · Address Card(Please show this address to your taxi driver):

#### ightarrow 서울특별시 강남구 테헤란로 152 강남파이낸스센터



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